



Mental Health Graduated Approach for Parents

A parent raises a Mental Health concern to the child's class teacher or the SENCO



The teacher or SENCO will hold a meeting or a phone call with the concerned parent. If it is a new concern the child's wellbeing will be monitored and there will be regular 'check-ins' from a trusted adult in school. The child will go on to the Mental Health monitoring register.



If concerns persist, there may be a structured intervention put in place for the child.

Some of the interventions we deliver in school which are designed to help with Mental Health and Anxiety issues include Draw and Talk, Socially Speaking, BeMe, Lego Therapy.



If, after a period of intervention within school, the child continues to display signs of anxiety or poor Mental Health they may be referred to an external agency. Some of the external agencies we work with who support Mental Health and Anxiety include:

YPAS (Seedlings therapy), Alder Hey (ASD team), MHST (Mental Health Support Team), Bobby Collieran Trust (Bereavement Support).



Extreme cases of Mental Health may mean the Crisis Team being phoned at Mersey Care or a referral to CAMHS.



Social, Emotional and Mental Health concerns are one of the four broad areas of SEND (Special Educational Needs and Disabilities). If the Mental Health concern is an ongoing problem the child may be placed on to the SEND register and monitored under Special needs provision.

*if child arrives from another school or from nursery at a certain stage of the process they will continue in this stage.

*all stages of this approach may be escalated depending on the severity of the concern

*all stages of the approach are subject to the capacity of the school to deliver provision.