



Newsletter: Friday 27th February 2026

I'm sure we've all noticed the lighter evenings and the signs of new life around us. There are plenty of daffodils appearing on my journey to work — and certainly enough rain to help them grow! During Lent, we are using this season to grow in many ways too — through prayer, fasting and giving. You will have received our Lent information today and we hope you can join us through our Friday food collections, the CAFOD Big Lent Walk or by praying with us.

Next week we celebrate World Book Day, and we're looking forward to seeing everyone in comfy reading clothes or costumes on Thursday. Mrs Marsh has organised lots of activities for the children, and I'm sure classes will share these on Class Dojo. Don't forget we also have the Book Fair in school. March is also Women's History Month, and we will be recognising the important contributions women have made across the world.

Thank you to families who have responded regarding school uniform. This will be discussed at our March Governors' meeting, and I will also be meeting with Kitted Out. From the Summer Term, pink gingham playsuits will be added as an optional uniform item — but no bows on dresses, please. Please note that the Yellow/Gold PE t-shirt does not need to have the badge on either, we know that the badge can cause many sensory issues.

The topic of school shoes were raised again. School shoes should be traditional plain black, polishable, have a flat sole and closed toe. If you have specific comments regarding this, please email businessmanager@ctkliverpool.co.uk so that our policy wording and communication with families can be clear and consistent. Below is guidance from our partner secondary schools to support transition expectations:

SFX: Formal black school shoes only. No pumps, trainers or boots.

St Julie's: Flat-soled, black leather, polishable shoes with closed toe (no canvas or trainers).

St Edward's: Conventional plain black polishable school shoes.

On Monday, Father Colin will celebrate Mass with us at 9:30am. Parishioners and families are warmly welcome to join us.

We have reviewed how we organise Parents' Evenings to make best use of time and ensure assessment information is up to date.

Year 6: Tuesday 24th & Wednesday 25th March

Reception–Year 5: Tuesdays 21st & 28th April

Booking details will follow shortly. These meetings are as always short catch-ups with the class teacher. Please don't wait for Parents' Evening if you have significant concerns — speak to your child's teacher at home time or contact the office to arrange a conversation.

We know how important Mrs Selby's role as SENCO is to many families and how they value her contributions to meetings. However, with the number of children in school with additional needs I feel we must follow a graduated approach to this. Your first point of contact is always the class teacher, who will discuss strategies to support your child in



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school and at home. Mrs Selby has oversight of this process and becomes further involved where needed, including in the writing and reviewing Individual Plans and supporting any next steps. Referrals to external agencies require this staged process. A flyer from the ASD training team is attached for families who may find it helpful.

This Sunday is the Second Sunday of Lent, and on 1st March we also celebrate St David, patron saint of Wales. His final words were simple: **“Be joyful, keep the faith, and do the little things.”**

Those words feel especially fitting as the daffodils begin to bloom. Lent is rarely about grand gestures — more often it is about small choices made with love: a kind word, a quiet prayer, a generous act. It is in these little things that hearts grow stronger, and communities grow closer.

To all who celebrate — especially the Davids in our community — Happy St David’s Day! Or, as my Welsh Grandpa would have said: Dydd Gŵyl Dewi Hapus! (Please don’t ask me to attempt to say it!)

Have a lovely weekend — we look forward to seeing you all on Monday.

David Delaney
Head Teacher

There are several flyers attached to this newsletter, including one from CTK Playgroup — please take a moment to read them.



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Merseyside Youth Association's mental health promotion team (RAISE Team) deliver a range of FREE bite-size courses covering a range of **mental health issues** that impact children, young people and their families.

Bitesize

Bite-size sessions coming up in March delivered via Zoom...

- The Importance of Sleep - 04/03/2026 10:00 am - 11:30 am [Book here](#)
- Ketamine's Impact on Mental Health - 04/03/2026 1:00 pm - 2:00 pm [Book here](#)
- The Online World and Mental Health - 04/03/2026 3:00 pm - 4:30 pm [Book here](#)
- Suicide Awareness - 09/03/2026 9:30 am - 10:30 am [Book here](#)
- Building Resilience - 09/03/2026 11:00 am - 12:00 pm [Book here](#)
- Grief and Loss - 09/03/2026 12:00 pm - 1:00 pm [Book here](#)
- Post-traumatic growth (PTG) - 09/03/2026 1:30 pm - 2:30 pm [Book here](#)
- An Introduction to Psychosis - 09/03/2026 2:30 pm - 3:30 pm [Book here](#)
- Cultivating Self-Compassion - 12/03/2026 3:30 pm - 5:30 pm [Book here](#)
- Parental Mental Health - 19/03/2026 10:00 am - 11:30 am [Book here](#)
- Understanding and supporting crisis and risk in schools - 19/03/2026 10:00 am - 11:30 am [Book here](#)
- Cultivating Self-Compassion - 19/03/2026 11:30 am - 12:45 pm [Book here](#)
- Introduction to Self-Harm- 19/03/2026 12:00 pm - 1:00 pm [Book here](#)
- Adolescent Brain Development - 19/03/2026 4:00 pm - 5:00 pm [Book here](#)
- Nutrition and Wellbeing - 20/03/2026 9:30 am - 10:45 am [Book here](#)
- An Introduction to Attachment - 20/03/2026 10:00 am - 11:30 am [Book here](#)
- Body Image - 20/03/2026 1:00 pm - 2:00 pm [Book here](#)
- An Introduction to Eating Disorders - 20/03/2026 3:00 pm - 4:00 pm [Book here](#)
- Using Routine Outcome Measures to Support Wellbeing - 23/03/2026 12:00 pm - 1:00 pm [Book here](#)
- Child & Adolescent to Parent Violence & Abuse Session (CAPVA) 24/03/2026 1:00 pm - 3:00 pm [Book here](#)
- Emotionally-Based School Avoidance - 24/03/2026 4:00 pm - 5:00 pm [Book here](#)
- Children in Care Pathway - 25/03/2026 9:30 am - 10:30 am [Book here](#)
- Understanding Mental Health Support for Children and Young People in Liverpool - 25/03/2026 3:00 pm - 4:30 pm [Book here](#)



ASD Training Team

Social Communication & Social Behaviour Workshop

Date: 20th & 27th March 2026

Time: 9.30am – 12 noon

Venue: Virtual Zoom

Dear Parent/Carer,

If you have early concerns about social communication and interaction or your child is awaiting assessment from the ASD pathway, we would like to offer you the opportunity to attend the above workshop on Social Communication and Social Behaviour (**Both session dates need to be attended**).

If you wish to attend, please contact the team on the email below.

Email: asdtrainingteam@liverpool.gov.uk

If the above dates for the workshop are not suitable, please view the Liverpool Local offer Page / Liverpool ASD training team for future training and workshops.

[Liverpool ASD Training Team | Liverpool Family Information & SEND Directory](#)

We look forward to meeting you.

Yours sincerely

ASD Training Team



Emotions Workshop

Dates: 25th March 2026
Time - 1pm – 2.30pm
Venue - Zoom - Virtual
Provider - Liverpool ASD Training team
Contact - asdtrainingteam@liverpool.gov.uk
Cost - free

Target audience - Parents/Carer who have attended a course to understand social communication/social behaviour or an ASD course. Who wish to gain a better understanding of the impact ASD it may have on their child's emotions - year 1 - year 6.

Aims: After attending this training session you will have:

- A better understanding of what may affect your child emotions
- How to support their understanding of their own emotions and other peoples.
- Apply a range of strategies to help support your child's understanding and how they can manage their emotions.
- Building you child's Resilience

To book your places email:

asdtrainingteam@liverpool.gov.uk

Please state what workshop and date/time you wish to book.



Christ The King Playgroup



CTK Playgroup is a well-established Playgroup offering a secure, nurturing and stimulating environment which has a strong focus on social and emotional growth

Through a play-based approach, children gain confidence, independence and a love of learning

We are open 8.55am-2.55pm Monday to Friday during term times

We offer funded places for pre-school (aged 3-4)

Call on 01517228834, email ctkplaygroup@live.co.uk

or pop along to speak to a member of staff (we have an open door policy!

We look forward to welcoming new children into our playgroup this September