



Newsletter: Friday 8th May 2026

I've been out of sorts with my calendar this week, having had the bank holiday, so much so that today being Friday came as a bit of surprise.

I have been working with our newly appointed Y5 Food Ambassadors this week, we have had a session with Megan from Food for Thought and Ms King our assistant chef looking at the role of the Ambassador and lots of the exciting opportunities for them. We had a our planning meeting to sort rotas and times out, and we had a 'team lunch' today in my office and chatted over special food events – so watch this space.

Miss Douglas and I attended a Spirituality Day for Senior Leaders with the Archdiocese on Wednesday. The day was called 'A Space for Grace'. It reminded us that we need to focus on asking for God's Grace and always finding the time to give thanks for all that we have been given. It made me think of my Dad as he used to always say 'There but for the grace of God go I'. It also reminded me that there is so much we take for granted in our community that we really need to stop and give thanks for. Maybe you could stop at the end of each day as family to name the three best things from the day, or three things you are grateful for – something to bring a smile to your face.

Next week our Year Six children have their opportunity to Shine and to show us they have learned during their time at Christ the King. All the hard work will pay off and it will be Thursday before we know it! Even though they have taken centre stage lately the SATs are just a small part of school life, and as we always remind ourselves, Jesus came so we could have life and have it to the full. We do not want the children to stress and worry about next week, but ask that they approach them sensibly and recognise that they are whatever anyone says an important part of school life in preparing for Secondary School.

Next week is also Mental Health Awareness Week. We know that having good mental health isn't just about avoiding low moods; it's about feeling connected, bouncing forward after setbacks, and building strong relationships. When children and young people's mental health is in a good place, it's easier for them to cope with life's ups and downs. But when things get overwhelming, they don't have to face it alone.

In Liverpool, support services are available for every level of need, from staying well to specialist crisis care. And most services don't need a referral. Have a look at <https://www.liverpoolcamhs.com/mental-health-offer/> for more information.



There is a building resilience course available on line for children and their families - <https://www.liverpoolcamhs.com/events/building-resilience-6/> The session introduces the resilience framework which was originated by Professor Angie Hart. Looking at the everyday normal magic that we use to help us navigate through the challenges we face and considering positive alternatives in spite of the difficulties.

We will be welcoming the Circus on Friday. Children will be taking part in lessons inspired by our circus visit as well as visiting the field to see how the big top is erected. Thank you to our PTA for organising this wonderful event for us. Friday is also an own clothes day – and in return we ask that you donate to the PTA – the link is on the Arbor app.

Thank you to all our parents who have volunteered to join our Early Years children on their Blue Planet Aquarium visit next week – we couldn't do all we do without you.





A few reminders

- Children should come straight onto the school grounds when they arrive in the morning. No water pistols or speakers are necessary.
- Please put your phones away while you are on school grounds.
- Names on all items of uniform please.
- PTA Circus Day Own Clothes Day – Friday 15th May
- Friday 22nd May is an INSET day, only staff need to attend.

Staff have asked me to remind you that toys need to stay at home. If you are sending your child in with fidget toys, chewelry or squishies because they have a need please speak to your child's class teacher first. There are lots of things in school at the moment that are causing more distractions than the good they are intended to do.

I know that many of you have mentioned how concerned you are at the lack of a crossing patrol on Thingwall Road, I agree it is not the safest of places to cross, the 'circle' design of Fieldway makes it even harder to navigate. Some parents have already contacted the City Council regarding this to see if there any alternatives while they try to recruit someone new. The council contact is Andy Codd and his email is Road.Safety@liverpool.gov.uk if you want to add to the conversation. Maybe you or someone you know might like to apply for the role... <https://liverpool.gov.uk/parking-roads-and-travel/road-safety/school-crossing-patrol-officers/>

I have also contacted the Council and local councillor about the hedges and trees on the path to school as they are encroaching on the path. The bushes and hedges seem to be a very attractive place for hide and seek – can you please make sure that your child is not playing in and out of there, as there is lots of rusty metal and other debris. I'd like to form a rota of parents who would be able to litter pick outside school and clear the pathways to keep our children safer and to work to build positive relationships with our neighbours.

I finish with a prayer for our First Holy Communion children who will gather in Christ the King Church tomorrow. Lord Jesus, tomorrow our children will come to your table and meet you in the Holy Eucharist in a new and special way. Bless them with open hearts, gentle minds, and joyful spirits. May they know that you are truly close to them, that you love them deeply, and that you will walk with them always.

Bless their families, their teachers, their catechists, and all who have helped prepare them for this holy day. May this First Holy Communion be the beginning of a lifelong friendship with you. Mary, our Mother, pray for our children and lead them always closer to Jesus. Amen.

First Holy Communion Masses are always a chance to reflect on our own First Communion Day and to give thanks for that gift. I have memories of my own in St Mary's church 9th May 1987 and the Communion Breakfast in the school hall afterwards. I'm sure stories will be shared tomorrow as families gather together.

Have a wonderful weekend, whatever you get up to and we look forward to seeing you bright and cheerful on Monday morning.

David Delaney
Head Teacher